

The Mix

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The Mix is the UK's leading support service for young people. The Mix is a digital platform service to help young people take on any challenge - from mental health to money, from homelessness to finding a job, from break-ups to drugs. The service provides online and telephone support.

Who to contact

Website [The Mix](#)

Costs

Other Costs Free

Other details

Age Range From 0 years To 25 years