

MindEd

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MindEd is a free educational resource on children and young people's mental health for all adults.

MindEd for Professionals /Volunteers aims to give adults who care for, or work with, young people:

- the knowledge to support their wellbeing
- the understanding to identify a child at risk of a mental health condition
- the confidence to act on their concern and, if needed, signpost to services that can help

MindEd for Families online provides advice and information to help you to understand and identify early issues and support to take care of yourself and your family.

Who to contact

Website [MindEd](#)

Costs

Other Costs Free

Other details

Age Range From 0 years To 25 years